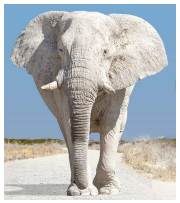
KNOTS, CROSSES, NUTS, HOLES, PAYS AND DOUGH

Old Fashioned Plain Donut and the Pemmican Pounder

Nutritious and durable foodstuff made by Native Americans, 1791, from Cree (Algonquian) */pimihka:n/* from */pimihke:w/* "he makes grease. Lean meat, dried, pounded and mixed with congealed fat and ground berries and formed into cakes eaten on long journeys. Also used figuratively for "extremely condensed thought or matter." **etymonline.com/search?q=pemmican**

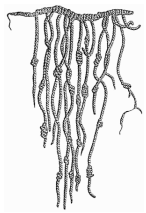
Plains. *Pemmican Pounder*, 19th century. Stone, hide, 8 1/2 x stone hammer 4 in. (21.6 x 10.2 cm). Henry L. Batterman Fund
brooklynmuseum.org/opencollection/objects/59444



Elephants Eat from Volcanogenic Massive Sulphides

They're nearly extinct, for a reason, and those ivory tusks are probably it! Elephants dig in volcanic rock for rare nutrients tusks need. Beryllium. **seaworld.org : tinyurl.com/yy7rwwqr**

Holy Coins! Ancient Kantonese people put holes into thier coins, probably to rope them up and carry them. Very practical. So practical... when paper money came around, they tore it into pieces, and passed little bits around to keep track of everyone's share. **bankofcanadamuseum.ca**



Meyers Konversations Bd. Faidit-Gehilfe 1888

Abaca (*ab'-ak-ah*, Sp. pron. *ah-vah-kah'*). Manilla hemp. See *Hemp*. Also *Musa textilis*, the plant which produces it.

Quipi Rope Knots Tawantinsuyu "the four suyu" used arithmetic Quipucamayocs counting and tracking for mita, a mandatory taxation, labor census and economic report, including infants to elderly. ***Ac**cording* to Guaman Poma, quipucamayocs could "read" the quipus with thier eyes closed. Hemp Indica is from India, and Cannabinoid strains are, you guessed, from Canada. Hemp (Yucatan and West Indies) Hemp Sisal (or henequen) from agave is a substitute for jute in cordage manufacture, being stronger and lighter. **en.wikipedia.org/wiki/Quipu**

I don't know if this is a petrified donut or not, but it's a candidate, and it probably is, since I feel lucky punk. Bling Bling! Holes in coins and holes in dough. Now where did the Nuts or Knots in dough nuts go! Donut right is an Ox Tongue Chinese donut. Knots and Krosses anyone?

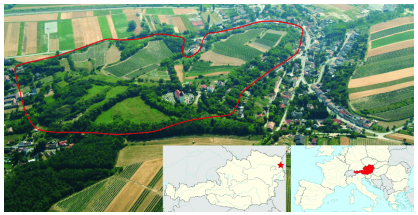
activenorcal.com : tinyurl.com/y6fvodr4

Moola Moola Moola ALL-UHM-MIN-EEE-UM

Chinese food is prepared with Alum. North Americans are the only people who use the word aluminum ALL-UHM-IN-UM. That is a FACT. Aluminium is non-food safe causing alzeimers from beta amyloid plaques. Alum is food safe. It provides a dryness that locks or draws and holds moisture in via hygroscopy.
pubmed.ncbi.nlm.nih.gov/7507666/

Need to know more? www.asmrstudio.com DrDoubleDragon@gmail.com

The Hoard of the Rings. "Odd" Annular Bread-Like Objects as a Case Study for Cereal-Product Diversity at the Late Bronze Age Hillfort Site of Stillfried (Lower Austria)



Hillfort site of Stillfried an der March Late Urnfield period (particularly during the 10th–9th c. BCE), acting as a central place where large scale storage of grain as well as textile and metal production took place under the control of local elites. The annular objects are put in context with the contemporary cereal spectrum as well as other cereal preparations from Stillfried, outlining their different chaînes opératoires for handling cereal food.

journals.plos.org : tinyurl.com/yyyd98ox

The Griststone, From the Grist Mill in Grimsby

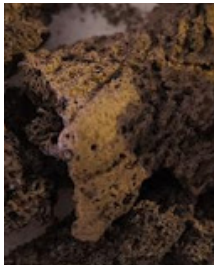
Looks gritty to me. I've been down south and Hominy grits are a Cracker Barrel favorite. Now I do wonder, were there ever any grits grown in Canada? Cause the only thing I think about when Grimsby pops up is nitty gritty, grits. **waymarking.com : tinyurl.com/y6dkrspy**

Snowball Millstone in St. George, Ontario

Constructed from chert, probably imported from France (it has now been broken into several parts). Canada's Chert Oh! Concherto! Khan Chair Toe! I do wonder whether there are any great singing halls in this city. Saint George is an ancient Roman Dragon Slayer
raisethehammer.org : tinyurl.com/y4agc275

Dancing Mania and Disney's St.Vitus Plague

The 14th and 17th century in Europe: St. Vitus' Plague. It's also known as the Dancing Plague or dancing mania. Large groups of people would abruptly break out into dance, which could last days, weeks, or months. It's called hyperthymia, and when left untreated causes Death from exhaustion. The Dancing Plague of 1518, affected over 400 people. Dance Marathons repeated in the 1920s. **mountainwashere.com : tinyurl.com/ycmz83m3**



archaeologynewsnetwork.blogspot.com : tinyurl.com/y42ju8vq

Silk Road!?! Say What!!

Carbonized silk fabrics +5,300 years ago Neolithic Yangshao Culture ruins in central China's Henan Province. Chinese began raising silkworms and silk production more than 5,000 years ago.

So does the theory hold true? Has donut hole size changed, as the chart argues? Dunkin' Donuts and Krispy Kremes are thinner and have wider holes, so even today there are donuts that look like the ones from 1927 on the chart. The chartist has passion, but he might not have a lock on the facts.
vox.com/2015/9/20/9353957/donut-hole-size-chart

English	French	Dutch	Khmer	Macedonian	Ukranian	Italian	Japanese
Bagel	Donut	Donut	Daunat	Krofna	Ponchyk	Ciambella	Dōnatsu
Donut	Beignet	Bagel	Bagel	Bagel	Bublyk	Bagel	bēguru
Dutchie	Dutchie	Dutchie	hau lng	Holandski	Dutchi	Dutchie	datchī
Jelly	Gelée	Gelei	chahuoy	Jele	Zhele	Gelatina	zerī
Fritter	Beignet	Bagel	Bagel	Bagel	Bublyk	Bagel	bēguru
Bread	Pain	Brood	nombng	Leb	Khlib	Pane	pan
Plain	Plaine	Gewoon	thommotea	Običen	Rivnyna	Semplice	Hirano
Cruller	Cruller	Cruller	lleakbal	Cruller	Rolyk	Cruller	kurūrā
Kreme	Kreme	Kreme	utdam	kreme	kreme	kreme	Kurīmu
Cream	Crème	Room	krem satv	krem	vershky	crema	kurīmu
Custard	Crème	Vla	kriel	krem	zavarnyy	pasticciera	kasutādo
Glazed	Vitré	Geglazuurd	rlong	Zastaklen	Zasklenyy	Smaltato	garasubari
Honey	Mon chéri	Honing	tukakhmoum	Dušo	Med	Miele	hachimitsu
Concord	Concorde	Verdrag	kongsaul	Konkord	Konkord	Concordia	Konkorudo
Blueberry	Myrtille	Bosbes	blou beu ri	Borovinka	Chornytsya	Mirtillo	burūberī
Strawberry	fraise	Aardbei	st r bu ri	Jagoda	Polunytsya	fragola	ichigo
Twist	Torsion	Twist	srasa	Presvrt	Skrutyty	Twist	nejire
Danish	danois	Deens	daneumeak	Danski	Dat·sʻka	danese	denmāku-go
Croissant	Croissant	Croissant	Croissant	Kroasan	Kruasan	Brioche	Kurowassan
Cinamon	Cinamon	Cinamon	Cinamon	Кинамон	Cinamon	Cinamon	シナモン
Sfenj	Sfenj	Sfenj	Sfenj	Sfenj	Shfendzh	Sfenj	Sufenji

translate.google.com

McDonald's Canada Ingredients 2019

Authentic French Croissant: Wheat flour, butter, water, invert sugar syrup, yeast, eggs, salt, wheat gluten, canola lecithin, ascorbic acid, enzymes. CONTAINS: WHEAT, MILK, EGG. MAY CONTAIN: TREE NUTS, SOY AH!
mcdonalds.com/ca/downloads/IngredientslistCA_EN.pdf

Bosnian Hill Pyramid Tunnel Millstone

Ravne tunnels and KTK tunnel under the pyramidal hill remains an interesting stone sandstone wheel artefact. A Column Drum.
soul-guidance.com/houseofthesun/bosnianpyramids.htm

Cleaning Notre Dame 'With Light' Lasers

This 800+ year old Paris Cathedral sustained heavy damage from a fire on April 15th and it burned another 15 hours during countrywide civil unrest and protests. Now lasers are being used to rebuild using Quantum Piezo Nuclear sciences. "What we do is we calibrate our laser technology to excite the layer of contamination with laser pulses."
wbur.org/hereandnow/2020/12/21/notre-dame-cathedral-lasers